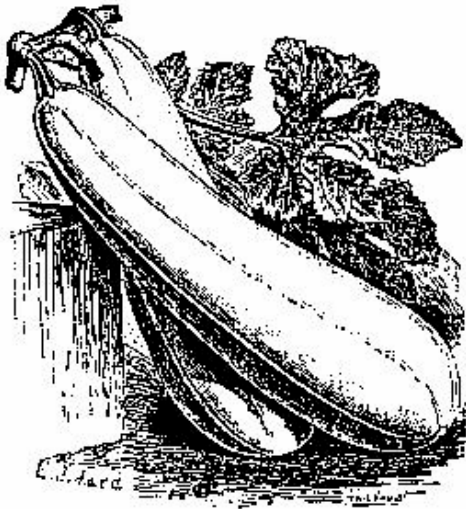


2006

# LOCAL FOOD DIRECTORY

Bulkley Valley  
Moricetown to Quick



## Why Buy Local?

- Supports the local economy
- Reduces trucking and packaging
- Promotes community food security
- Promotes economic diversification and sustainability
- Connects consumers with the producers of their food.
- FRESH is MORE NUTRITIOUS

The following is a list of locally grown and crafted foods available for sale directly from local producers. Availability can be seasonal; please contact each producer directly to learn more about their products.

Acronyms used in this guide:

**CO** = Certified Organic

**SFM** = available at the (Smithers) Bulkley Valley Farmers Market

**The market is located** at the corner of Main St. and Highway 16 and is open from mid-May to September on Saturdays from 8 am until noon. For information on becoming a vendor, contact Market Manager Megan Darcy at 250-847-8832 or [mdarcy@uniserve.com](mailto:mdarcy@uniserve.com).

## PRODUCE:

### ➤ Herbs

Narnia Farms (CO)  
1277 Main St, Smithers, 847-8871

### ➤ Herbs, Tomatoes

Dieter and Louise Jacobs (SFM)  
Quick, 846-5210

### ➤ Market Vegetables

Cranesbill Acres (CO, SFM)  
Tracey Strong 847-0147

### ➤ Market Vegetables, Berries

Ann Zeiler (SFM)  
Quick, 846-5669

### ➤ Market Vegetables

Tyee Meadow Farms (SFM)  
Hildo Hoek, 846-9231

### ➤ Market Vegetables, Raspberries U-pick

Mark Fisher (SFM)  
Hislop Rd, 846-9045

### ➤ Market Vegetables, Asparagus

Hobgoblin Organics, Telkwa  
Dave Cody, 846-5436

### ➤ Market Vegetables

Dona Pokorny (SFM)  
842-5746

### ➤ Market Vegetables

Little Sheperd Farm  
Larry Wiwcharuck, Quick, 846-5015

### ➤ Beans, Carrots, Peas, Potatoes

Steven Zandberg (SFM)  
Ebenezer Flats, 847-3164

### ➤ Garlic, Tomatoes, Potatoes, Lettuce

Robin Hawes (SFM)  
Telkwa, 846-5946

### ➤ Strawberries U-pick

Lou Tromp (SFM)  
3724 Rosenthal Rd, 847-3616

## BEEF & LAMB:

### ➤ Beef

Jack and Paula Dieleman,  
Telkwa, 846-5305

### ➤ Beef

Gail and Kevin, Telkwa, 846-9315  
(order by the end of August)

### ➤ Lamb

Little Shepherd Farm  
Larry Wiwcharuck, Quick, 846-5015

➤ **Dexter Beef and Lamb**  
Greenhills Croft  
John and Carol Vincent, Quick, 846-5803

➤ **Beef and sausages made in house**  
The Sausage Factory  
1107 Main St, Smithers, 847-2861

## CHICKEN:

**Marge Layfield**, Telkwa, 846-9703

**Little Sheperd Farm**  
Larry Wiwcharuck, Quick, 846-5015

**Greenhills Croft**  
John and Carol Vincent, Quick, 846-5803

## EGGS:

**Robin Hawes**, Telkwa, 846-5946

**Foxhole Bakery**  
Ursula Yeker, Fox Road Telkwa, 846-5807

**Little Sheperd Farm**  
Larry Wiwcharuck, Quick, 846-5015

**Julie James**  
Laidlaw Rd, 847-2544

## HONEY:

**Blackburn Bees**  
5528 Slack Road, 847-2135

**Country Meadow Honey**  
Bill & Mary Lynn (SFM)  
Jollymore Rd, 847-9181

**Sid Ezinga**  
Telkwa, 846-5595

**Alec Dease (SFM)**  
Snake Rd, 847-9997  
(bee colonies also for sale)

## PRESERVES:

➤ **Jams, Jellies, Chutneys, Pickles**  
Evelyn Smith (SFM)  
Smithers, 847-2835

➤ **Jams and Jellies**  
Greenhills Croft  
John and Carol Vincent, Quick, 846-5803

➤ **Jams**  
Ann Zeiler (SFM)  
Quick, 846-5669

➤ **Jellies, Vinaigrettes, Oils, Teas, Seasonings**  
Narnia Farms (CO)  
1277 Main St, Smithers, 847-8871

➤ **Jam, Jelly, Pickles**  
Dona Pokorny (SFM)  
842-5746

## BAKERIES:

**Foxhole Bakery (SFM)**  
Ursula Yeker, Fox Road Telkwa, 846-5807,  
and Nature's Pantry in Smithers

- Breads (specializing in organic and whole grain flours), pastries, and a variety of baked goods

**Dieter and Louise Jacobs (SFM)**

Quick, 846-5210

- Breads

**Eva Dyck (SFM)**

- Variety of baked goods

**Paul's Bakery**  
3840 Broadway, Smithers, 847-9742

- Breads, pastries and a variety of baked goods

**Schimmel Fine Pasteries,**  
1172 Main St, Smithers, 847-9044

- Breads, pastries and a variety of baked goods

## **There is more .....**

The Ministry of Agriculture has compiled a 2006 ***Bulkley Valley Farm Gate Sales Directory*** which includes producers from as far as Prince Rupert and east of Burns Lake. Please contact the District Agriculturist, Leah Sheffield at 847-7247 or [leah.sheffield@gov.bc.ca](mailto:leah.sheffield@gov.bc.ca), if you would like to be added to the new directory or to learn more about local food sources.

Hazelton area food and agricultural products are listed in the ***Upper Skeena Sustainable Agriculture Directory***. Call the Upper Skeena Development Centre at 842-6110.

The ***Bulkley Valley Local Food Directory*** was produced with funding by the Bulkley Valley Farmer's Market Association, and in association with the Northern Root Garden, a non-profit community organization promoting local food security through community gardening. Visit the Smithers Community Garden at the corner of Railway and Pacific Avenues and call 847-2327 for more information or to reserve a garden plot.